



ELECTRIC CITY

YOUTH SOCCER ASSOCIATION

Electric City Soccer Return to Play Protocols

It is the goal of Electric City Soccer, in cooperation with Wisconsin Youth Soccer Association and U.S. Soccer, to return to play in as safe a manner as possible. In order to achieve this goal, the following protocols will be implemented for all practices. It will take the cooperation of families, players, coaches, and club representatives to keep everyone safe and healthy.

The following protocols have been taken from U.S. Soccer's "Play On" initiative to guide clubs on how to return to play safely. It is important to note that the protocols listed below do not represent a full list of expectations or scenarios.

If you have questions about the following information, or need to report a positive case or possible exposure please contact the Club's COVID-19 Response Coordinator, Ron Grow, at rgrow@electriccitysoccer.com. It is required to report to Electric City Soccer any player who tests positive for COVID-19.

Practice Protocol

1. Each player must bring their own water or beverage. There will be no sharing of water or beverages. Players should plan on their being no water or beverages available at practice field or on game days. Your child's water bottle must be clearly marked with their name so there is no accidental sharing.
2. Your child must come ready to practice. Your child should not plan to use the bathrooms, or anywhere else, to change.
3. Players should wash their hands before coming to practice and are highly encouraged to carry hand sanitizer with them. Hand sanitizer cannot be shared with other players.
4. Face coverings may be used but are not required.
5. It is the Parent or Guardian's responsibility to check their child's temperature before practice. If your child's temperature registers at or above 100.4 degrees Fahrenheit, do not send them to practice and immediately contact your child's physician for further guidance.
6. Carpooling and ridesharing is highly discouraged, unless it is with people living in the same house.
7. When a child arrives at practice, they must check in with the Coach responsible for conducting practice. When practices are reopened, arriving early will be highly discouraged and your child must be in an area where they are supervised by a Parent or

Guardian. Coaches must be permitted to fully setup for their practice session without interruption. A parent volunteer is highly encouraged to help their team's Coaches with checking in the players.

8. Attendance will be kept for each practice and the attendance list will be kept in a localized place. This will be done to assist health officials if a player tests positive for COVID-19.
9. During practices, parents are encouraged to wait in their car. If parents choose to watch their child practice, social distancing must take place (minimum of 6 feet apart).
10. Players must bring their own soccer ball and use their own soccer ball when possible. If a small group drill takes place, players will be instructed by the Coaches to avoid using their hands.
11. When players arrive, they should avoid placing their belongings all together, but instead keep distance between their belongings and others.
12. Coaches will start with drills that are "socially distant," but eventually players will be in close contact with each other as practices progress. Players are encouraged to always follow good hygiene practices which include avoid touching their face and wash hands before and immediately after practice.
13. Coaches will not utilize pinnies, or any other related apparel items, for practices or games under any circumstance until further notice.
14. Handshakes, hi-fives, putting hands in, or any other hand to hand or physical contact, is not allowed.

Other Protocols

1. **First Aid:** New first aid kits will be distributed to the Head Coach of each team. These kits will include medical grade disposable gloves and surgical style face masks. The medical grade disposable gloves and surgical style face masks will be used if a Coach needs to render first aid treatment to a player.
2. **Temperature Checks:** Electric City Soccer reserves the right to complete random temperature checks of all players during a scheduled practice session or during a scheduled game. A non-contact infrared thermometer will be used to measure the temperature of a player. Any player who registers a temperature of 100.4 degrees Fahrenheit or greater will be immediately sent off of the field. The Parent or Guardian of the child is fully responsible for ensuring that their child leaves the practice or game.
3. **Snacks:** Until further notice, no food or beverages will be distributed to any player on any team within any age group. If a Parent or Guardian is found to have distributed snacks or beverages to any player on their child's team, Electric City Soccer reserves the right to impose disciplinary measures, up to and including removing a player from their team, for anyone violating this protocol.

Daily Parent Medical Considerations (as provided by U.S. Soccer)

In order to keep everyone safe, we need to make sure to monitor our children's health and not send them to practice if they are experiencing any of these symptoms:

1. The Parent or Guardian should conduct a daily temperature check for a low-grade fever (fever of 100.4 degrees Fahrenheit or greater).
2. If your child has a fever, they may not attend practice or a game. For more detailed information on COVID-19, COVID-19 related symptoms, and COVID-19 related guidance, visit the CDC's website: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
3. Your child may not participate in any practice or game activities if they have had any of the symptoms listed below.
 - a. COVID-19 exposure in past 14 days
 - b. Sore throat
 - c. Shortness of breath/difficulty breathing
 - d. Fever of, or greater than, 100.4 degrees Fahrenheit
 - e. Chills
 - f. Headache
 - g. Sinus congestion
 - h. Cough persistent and/or productive
 - i. Joint aches and soreness
 - j. Vomiting or diarrhea
 - k. Rash
4. Do not go to training facilities or fields with any of the above symptoms. Remotely communicate your health status to coaches, instructors, team administrators, or medical staff within 24 hours of your training session. Parents (and not the minor player) must communicate with the Club or Coach, in accordance with the Safe Soccer Framework and the U.S. Center for SafeSport policies and guidance. Speak to a physician and follow CDC guidelines on self-quarantine.
5. Should a member of your household be experiencing the symptoms listed above, the family member should consult a physician. Follow the information listed for medical clearance outlined in this document. Maintain all recommended hygiene habits outlined by the CDC.

Medical Clearance – If a positive test or exposure.

1. For individuals who have tested positive for COVID-19, provide written confirmation of COVID-19 negative status and/or clearance from your physician following the most up-to-date CDC guidelines for return to full participation in sport & activity.
2. For individuals who have experienced known COVID-19 exposure in the past 14 days, the following is required:
 - a. Home quarantine for 14 days
 - b. Written confirmation of COVID-19 clearance from your physician following the most up-to-date CDC guidelines is required.
3. For individuals who experienced any illness during shelter-in-place, written clearance from your physician that you are COVID-19 free is required.

Electric City Soccer reserves the right to modify any of the protocols listed below based off of Center for Disease Control (CDC) recommendations or requirements, State of Wisconsin recommendations or requirements, County recommendations or requirements, Local recommendations or requirements, U.S. Soccer recommendations or requirements, or Wisconsin Youth Soccer Association recommendations or requirements.